June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Coach Long:						1
longd@gcsnc .com						
336-469-5205						
2	3	4	5	6	7	8
	DEAD PERIOD	DEAD PERIOD	DEAD PERIOD		Last day of school	
9	10	11	12	13	14	15
		Open gym 9-11		Coach Long out of town		
16	17	18	19	20	21	22
				Coach Long returns from out of town		
23	24	25	26	27	28	29
		Open gym 9-11	Open gym 9-11	Open gym 9-11		

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1		3	4	5	6
	DEAD PERIOD	DEAD PERIOD	DEAD PERIOD	DEAD PERIOD	DEAD PERIOD	
7	8	9	10	11	12	13
		Open gym		Open gym		
14	15	16	17	18	19	20
	DEAD	DEAD	DEAD	DEAD	DEAD	
21	22	23	24	25	26	27
	VB Open gym 9-11	TEAM CAMP @ NC STATE	TEAM CAMP @ NC STATE	TEAM CAMP @ NC STATE		
28	29	30	31	1	2	3
	WGHS CAMP	WGHS CAMP	WGHS CAMP	TRYOUTS	TRYOUTS	Grimsley Scrimmage
			TRYOUTS			

August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30				1 TRYOUTS	2 TRYOUTS	3 Scrimmage at Grimsley JV and Varsity Meet at Grimsley at 815am in black camp shirts
4	5 9-12	6 9-12 Practice	7 Practice	8 Practice	9 9-11 Practice	10
11	Practice 9-12	13 Practice	Home vs Bishop	15 Practice	16 Leave at 1:30 pm Wildcat Invitational Overnight at Chapel Hill (VARSITY)	Wildcat Invitational All day Varsity only
18	Home vs Central Davidson	Away vs East F.	21 Practice	Away at McMicheal	23 Practice	24
25	26	Home VS NW	28	29 Away VS SW	30	31